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# Pankaj Oudhia's Notes on Malva sylvestris L. [Kirtikar, Kanhoba Ranchoddas, and Baman Das Basu. "Indian Medicinal Plants." Indian Medicinal Plants. (1918)].

- Posted by [Pankaj Oudhia](#) on May 8, 2014 at 7:28
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**Pankaj Oudhia's Notes on Malva sylvestris L. [Kirtikar, Kanhoba Ranchoddas, and Baman Das Basu. "Indian Medicinal Plants." *Indian Medicinal Plants*. (1918)].**

## Pankaj Oudhia

### Introduction

**Based on Ethnobotanical surveys since year 1990 in different parts of India Pankaj Oudhia has documented vital information about Medicinal Plants mentioned in the famous publication by Kirtikar and Basu (1918). Through this research document Pankaj Oudhia has tried to present original document with additional notes. For complete paper with pictures, Interactive Tables, Video and Audio clips please visit [pankajoudhia.com](http://pankajoudhia.com)**

For original publication by Kirtikar and Basu (1918) please visit <https://archive.org/details/indianmedicinalp01kirt>

145. *Malva sylvestris*, Linn., h.f.b.l, i. 320.

Vern.: — Khubazi (Bomb.); Kunji, tilchuni. vilayati-

kangai-ka-per goolkheir, (H.) ; Vildyati-kangoi-ka-jhar (Dec.);

Khabajhi, (Sind.)

Habitat : — Western temperate Himalaya, from Kumaon to

Kashmir and the Pubjab.

An erect, nearly glabrous annual herb, 1-3ft. high.

Leaves cordate, rounded, lobed ; petioles 4-5 in. Peduncles about 1 in. Bracteoles ovate, entire, shorter than the bell-shaped [ Calyx. Corolla 1j in. diam. Petals notched, claw bearded. Carpels reticulated, downy or glabrous.

Parts used : — All parts of the plant.

Uses : — All parts of the plant are commended in Mahomedan works, on account of their mucilaginous and cooling properties, but the fruit is considered to be most efficient (Dymocitron).

It is prescribed in pulmonary affections (Watt). Useful in irritation of the skin and for fomentations. The leaves are used as emollient cataplasms. As Oulka used in strangury, (Murray, p. 58.)

**[Pankaj Oudhia's Comment: *Although the use of Malva in treatment of skin diseases looks simple but the Expert Traditional Healers use it with much care. I have documented information about over 25,000 Traditional Herbal Formulations in which Malva is added as septenary ingredient. When skin diseases are associated with respiratory diseases the Healers use Malva based Formulations both internally as well as externally. The Healers of Central India use its different parts in treatment of Vitiligo successfully. The Healers having expertise in treatment of Sickle Cell Anemia use Malva based Formulations at different stages.***

***Please see Tables Malva-1 to Malva-200 for details.]***

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The little hard fruit, tasting something like a nut, is commonly called a "cheese/" " Chucky cheese" is the name given in Devonshire to the plant, in allusion to these little cheese-like fruits.

There is a tradition that Mahomed had a garment made of the Mallow fibre ; and he was so well pleased with it, that he turned the plant into the more showy, but less useful geranium (Sowerby's English Botany,).

## **E-documents on Malva**

<http://ecoport.org/ep?SearchType=earticleList&Author=oudhia&...>

## Citation

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